

Who is Mental Health America?

Mental Health America is a private, non-profit organization serving individuals, families, professionals, lay persons, and communities in Northern Kentucky and Southwest Ohio. We are committed to preserving and strengthening the mental wellness of all individuals. We pride ourselves on educating the community with current research, best practice prevention techniques, and treatment and recovery options.

Under its new name and structure, Mental Health America is re-dedicated to improving the health and well-being of all people – especially children and adults living with mental and substance use disorders – by helping them live healthier lives. Our message is simple- **good mental health is fundamental to the health and well-being of every person and community.**

Mental Health America advances its mission to **Educate, Advocate and Serve.**

- Educate individuals, families, professionals, and healthcare providers about ways to preserve and strengthen their mental health.
- Advocate for access to effective care and build an understanding of people with mental and substance use disorders.
- Provide support for individuals and families living with mental and substance use disorders.

What Does Mental Health America Do?

Professional and peer support services and programs, the Board of Directors, Staff, and Volunteers at Mental Health America give hope and help to protect mental wellness. We assist those with mental and substance use disorders in locating resources and obtaining appropriate treatment, and support those with persistent conditions with a goal of improving their quality of life. Mental Health America provides support to more than 5,000 people in the region that have mental and substance use disorders that may require treatment and services.

How Does the Work Get Done?



Bringing Wellness Home

Mental Health America of Northern Kentucky & SW Ohio has been helping people re-claim their lives since 1954. We are dedicated to promoting mental wellness, preventing mental disorders, and achieving victory over mental illness through advocacy, education, research and service.



Bringing Wellness Home

Mental Health Community Support

Information and referrals, payee services, support groups, and Substance Abuse WrapAround services.

Christmas Day Dinner

Free annual Christmas celebration for over 1,500 children and families in Northern Kentucky including the economically disadvantaged, homeless, and mentally ill.

Steps to Success Supported Employment

Helps get individuals back into the workforce and improve their overall recovery.



Pro Bono Counseling

Provides a unique and needed service linking uninsured/underinsured individuals and families with volunteer mental health professionals for free counseling services.

Compeer helps people with mental illness live happier, healthier, more productive lives through the power of volunteer friendship!

Exodus Jail Visitation

Volunteers visit with inmates in Campbell, Kenton, and Boone County Jails to offer hope, support and guidance.

Recovery Network of NKY

Consumer run, peer to peer support program helping people in their recovery, providing hope and direction. Computer training, support groups, Friendship Club and one-on-one assistance are provided to help link people to local resources.

The P.I.E.R.

Peer support center offering workshops, lifestyle classes and recreational social activities for people in recovery from mental and/or substance use disorders.

Education, Screening, Awareness

Prime of Life, DUI Assessment & Education, free mental health screenings, education programs.