An exciting movement is now under way in America. It has been germinating for many years and is now gathering strength to produce a major positive upheaval throughout our society. The movement specifies the initial steps, which can be taken by anyone now, to begin an immediate reduction in human violence. Thousands of individuals are already actively committed and are presently engaged in the process of reducing violence. Most of these people are unknown to one another but are loosely connected by certain common threads. Thousands of other individuals are on the threshold of discovering how closely related their own concerns are to the already committed activist group. You may be surprised to find yourself already committed although you might have felt you were alone in your thoughts and actions. The secret source and sustainer of most human violence has now been discovered and contrary to most of our past knowledge about the complexity of violence, it is very easy to describe and equally easy to bring to an end!

The single most important initial source and sustainer of human violence is the spanking of children! Therefore, to interrupt the continuing cycle of violence, all that is required is to stop spanking! There it is in a nutshell. Strange and unbelievable as it seems, we can start now, today, to create a dramatic reduction in violence in America.

To that end, I offer for your consideration, a new commandment or new ethic for modern times. In briefest form, that commandment is simply stated: People Are Not for Hitting. If you believe you already subscribe to this viewpoint, let me caution you to think again. The basic meaning conveyed by these five words is that no person should ever hit any other person for any reason at any time.

Furthermore, people refers to any and all living human beings, including adults and children. Hitting refers to any and all forms of physical contact in which the intent is to cause pain. Hitting includes direct contact by hand, fist and foot as well as indirect contact by stick, club, stone, knife or other weapon.

Restated, the commandment reads as follows: People Are Not For Hitting and Children Are People, Too. If you are willing to accept this idea and make a personal commitment to honor it, you will become one of the living seeds which can help to create a more humane America. If you happen to be joined by 150 million other Americans who accept, believe, teach and train others not to hit, can’t you see how quickly most violence could be reduced?