



BIPOLAR DISORDER

Diagnostic Criteria

Bipolar Disorder, Mixed

- Manic episode of predominantly elevated mood or irritable mood
- During this mania, had **at least 3 of the following** (4 if the mood was only irritable):
 - Inflated self-esteem or grandiosity
 - Decreased need for sleep (insomnia)
 - More talkative than usual or pressured speech
 - Flight of ideas or racing thoughts
 - Distractibility
 - Increased activity or agitation
 - Reckless involvement in pleasurable activities
 - Evidence that this mania caused marked occupational or social impairment
 - Absence of two weeks or more of delusions or hallucinations when mood was normal
 - Not superimposed on schizophrenia, schizophreniform disorder, delusional disorder, or psychotic disorder not otherwise specified
 - Absence of evidence that an organic factor initiated or maintained this mania
 - Current (or most recent) episode involves the full symptomatic picture of both Manic and Major Depressive Episodes

During this superimposed depression:

- Persistent depressed mood
- Marked apathy or loss of interest
- Significant anorexia or weight loss or increase in appetite or weight
- Insomnia or hypersomnia
- Psychomotor agitation or psychomotor retardation
- Fatigue
- Feelings of worthlessness or excessive guilt
- Poor concentration or indecisiveness
- Recurrent thoughts of death or suicide
- Absence of evidence that an organic factor initiated and maintained this depression
- Absence of evidence that this depression was due to normal bereavement
- Absence of two weeks or more of delusions or hallucinations when mood was normal

Bipolar Disorder, Manic

- Manic period of predominantly elevated mood or irritable mood
- During this mania, had **at least 3 of the following** (4 if the mood was only irritable):
- Inflated self-esteem or grandiosity
- Decreased need for sleep (insomnia)
- More talkative than usual or pressured speech
- Flight of ideas or racing thoughts
- Distractibility
- Increased activity or agitation
- Reckless involvement in pleasurable activities
- Evidence that this mania caused marked occupational or social impairment

- Absence of two weeks or more of delusions or hallucinations when mood was normal
- Not superimposed on schizophrenia, schizophreniform disorder, delusional disorder, or psychotic disorder not otherwise specified
- Absence of evidence that an organic factor initiated and maintained this mania

Bipolar Disorder, Depressed

- Past history of manic period of predominantly elevated mood or irritable mood
- During this mania, had **at least 3 of the following** (4 if the mood was only irritable):
- Inflated self-esteem or grandiosity during this mania
- Decreased need for sleep during this mania
- More talkative than usual or pressured speech during this mania
- Flight of ideas or racing thoughts during this mania
- Distractibility during this mania
- Increased activity or agitation during this mania
- Reckless involvement in pleasurable activities during this mania
- Evidence that this mania caused marked occupational or social impairment
- Absence of evidence that an organic factor initiated or maintained this mania

Currently (or most recently) in a major depressive episode

During this major depressive episode had **at least 5 of the following**:

- Persistent depressed mood
- Marked apathy or loss of interest
- Significant anorexia or weight loss or increase in appetite or weight
- Insomnia or hypersomnia
- Psychomotor agitation or psychomotor retardation
- Fatigue
- Feelings of worthlessness or excessive guilt

- Poor concentration or indecisiveness
- Recurrent thoughts of death or suicide
- Absence of evidence that an organic factor initiated or maintained this depression
- Absence of evidence that this depression was due to normal bereavement
- Absence of two weeks or more of delusions or hallucinations when mood was normal
- Not superimposed on schizophrenia, schizophreniform disorder, delusional disorder, or psychotic disorder not otherwise specified

Associated Features Bipolar Disorder, Mixed

- Learning Problem
- Hypoactivity
- Psychotic
- Euphoric Mood
- Depressed Mood
- Somatic / Sexual Dysfunction
- Hyperactivity
- Guilt / Obsession
- Addiction
- Odd / Eccentric / Suspicious Personality
- Anxious / Fearful / Dependent Personality
- Dramatic / Erratic / Antisocial Personality

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Differential Diagnosis Bipolar Disorder, Mixed

Psychiatric: Schizophrenia, Paranoid Type; Schizoaffective Disorder; Attention-deficit Hyperactivity Disorder.

Medical: Organic Mood Syndromes caused by: Acquired Immune Deficiency Syndrome (AIDS), Cushing's Disease, Epilepsy, Fahr's Syndrome, Huntington's Disease, Hyperthyroidism, Premenstrual Syndrome, Migraines, Multiple Sclerosis, Neoplasm, Postpartum, Stroke, Systemic Lupus Erythematosus, Trauma, Uremia, Vitamin Deficiency, Wilson's Disease.

Drugs: Alcohol, Amphetamines, Baclofen, Bromide, Bromocriptine, Cimetidine, Cocaine, Corticosteroids (including ACTH), Disulfiram, Hallucinogens, Hydralazine, Levodopa, Opiates, Sedative / Hypnotics (benzodiazepines, barbiturates, chloral hydrate).

Differential Diagnosis Bipolar Disorder, Manic

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Medical: Organic Mood Syndromes caused by: Acquired Immune Deficiency Syndrome (AIDS), Cushing's Disease, Epilepsy, Fahr's Syndrome, Huntington's Disease, Hyperthyroidism, Premenstrual Syndrome, Migraines, Multiple Sclerosis, Neoplasm, Postpartum, Stroke, Systemic Lupus Erythematosus, Trauma, Uremia, Vitamin Deficiency, Wilson's Disease.

Drugs: Amphetamines, Antidepressants (treatment or withdrawal), Baclofen, Bromide, Bromocriptine, Captopril, Cimetidine, Cocaine, Corticosteroids (including ACTH), Cyclosporin, Disulfiram, Hallucinogens (intoxication and flashbacks), Hydralazine, Isoniazid, Levodopa, Methylphenidate, Metrizamide (following myelography), Opiates, Procarbazine, Procyclidine, Yohimbine.

Differential Diagnosis Bipolar Disorder, Depressed

Psychiatric: Psychological reaction to the functional impairment associated with a physical illness; Schizophrenia; Schizoaffective Disorder; Uncomplicated Bereavement.

Medical: Organic Mood Syndromes caused by: Acquired Immune Deficiency Syndrome (AIDS), Cushing's Disease, Epilepsy, Fahr's Syndrome, Huntington's Disease, Hyperthyroidism, Premenstrual Syndrome, Migraines, Multiple Sclerosis, Neoplasm, Postpartum, Stroke, Systemic Lupus Erythematosus, Trauma, Uremia, Vitamin Deficiency, Wilson's Disease.

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