



CIT (Crisis Intervention Team)

Hamilton County CIT Newsletter

June 2021

CIT | Updates

CONGRATULATIONS!!- Please help us congratulate Deputy Dominic Pierani of the Hamilton County's Sherriff's Office for being recognized as the *CIT Corrections Professional of the Year* by Ohio Criminal Justice Coordinating Center of Excellence and NAMI Ohio. Congratulations, Deputy Pierani and thank you for all of your hard work!

Good luck, Jessica! Jessica Ball, Program Coordinator, will be leaving MHA NKYSWOH as of June 4, 2021. We wish Jessica the best of luck in her future endeavors!! Moving forward, please direct all of your CIT related communication to Amanda Shaw at ashaw@mhankyswoh.org.

You asked for it, you've got it! Additional dates for Advanced De-Escalation training have been added. There are still spots available for both dates, register now! See below for registration information.

Do you like FREE lunch? Would you like to learn new de-escalation techniques and use those techniques using the MILO simulator? Do you want to be more involved with planning and improving CIT training? Sign up for the CIT Refresher course now! See below for registration information.

CIT | Crisis Intervention Team Training (40-Hr)

Dates:

August 23-27, 2021
October 4-8, 2021
December 6-10, 2021

Time:

8:30 AM - 4:30 PM

Where:

Great Oaks Career Campus

Sharonville, OH

Course information:

Crisis Intervention Team Training is 40-hours of comprehensive training to increase skills in relating to individuals with mental illness. Training emphasizes behavioral health-related topics, access to community-based services, de-escalation tactics, and crisis resolution skills. Training format consists of didactics/lectures, on-site visitation and exposure to several behavioral health facilities, intensive interaction with individuals with mental illness and substance use disorders, and scenario-based de-escalation training. Experience has shown this is a minimum level of training hours. Materials covered are complex. Far beyond simple cognitive retention of the material, the desired learning outcome for this training is the adoption and retention of behavioral changes.

De-Escalation | Advanced CIT Training (8-Hr)

Dates:

June 8, 2021
June 21, 2021

Time:

8:00 AM - 4:00 PM

Where:

Great Oaks Career Campus
Sharonville, OH

Course information:

This course is intended for Law Enforcement Officers/Personnel to learn how to effectively de-escalate a person who is having a psychological or behavioral crisis in order to reduce harm to oneself and the community. Learn de-escalation skills by identifying who you are and understanding how your own internal triggers affect communication with others. The goal is to help officers build crucial skills to improve police-community relations through better verbal and non-verbal communication while enhancing safety for all participants. Identify and understand socio-emotional development, in order to understand foundational behaviors, improve emotional intelligence, and enhance professionalism in order to effectively utilize constructive, solution-based approaches, so everyone goes home.

CIT | Refresher/Advanced De-Escalation (8-Hr)

Dates:

June 7, 2021

Time:

8:30 AM - 4:30 PM

Where:

Great Oaks Career Campus |
Sharonville, OH

Prerequisite:

Prior completion of 40 hour CIT training and at least one year experience as a CIT officer.

Course information:

This course is designed for CIT trained officers who would like updated information about CIT related topics in Hamilton County. Training will include: review updated CIT information including the latest regarding Hamilton County Mobile Crisis response, how to effectively co-respond, and ways to decrease

response on repeat runs. Newer content being provided through the CIT 40 hour training will be reviewed, including de-escalation techniques/tactics. A roundtable discussion will occur where trainees will discuss and problem solve ongoing needs for CIT and CIT related issues. Identify techniques to improve officer wellness, safety and self-care. During the afternoon, trainees will actively participate in a simulation exercise in order to afford opportunity to practice de-escalation skills.

CIT | CIT for Dispatch Training (8-Hr)

Dates:

June 22, 2021
June 29, 2021

Time:

8:30 AM - 4:30 PM

Where:

Emergency Communications
Center
2000 Radcliff Dr.
Cincinnati, OH 45204

Prerequisite:

Prior completion of 8 hour Mental Health First Aid training

Course information:

Emergency dispatchers are a critical link in the CIT program. This training will provide an overview of the history of CIT and use of CIT in Hamilton County, provide skills building in recognizing a mental health crisis and the appropriate questions to ask and relay to the responding CIT officer.

CIT | Mental Health First Aid (8-Hr)

Dates:

June 15, 2021
June 16, 2021 (VIRTUAL)

Time:

09:00 AM - 4:00 PM

Where:

Great Oaks Career Campus
Public Safety Building
303 Scarlett Oaks Dr.
Sharonville, OH

***Registration for these courses will close at end of day on June 2, 2021. Please register ASAP if you are interested in attending.

First Responders have the difficult task of keeping our communities safe while maintaining their own safety. Responding to a mental health crisis requires effective communication, as well as knowledge of verbal de-escalation techniques and insight about community resources. Mental Health America is presenting **Mental Health First Aid** as an introduction to mental health awareness and responding to a mental health crisis. Mental Health First Aid is a course that teaches you how to help someone who is

developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses.

CIT | Additional Training Opportunities

2021 CIT International Conference – August 16-18, 2021 Phoenix, Arizona

This year's theme for the CIT International Conference is: Turning Up the Heat with CIT, Transforming Crisis Response Teams.

For more information please visit: <https://www.citinternational.org/events>

CIT | Contact Us

Registration for all CIT trainings can be found at: <https://www.mhankyswoh.org/CIT>

As always, if you have any questions regarding CIT, trainings or need assistance with registration, please reach out to your MHA CIT team.

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