



CIT (Crisis Intervention Team)

Hamilton County CIT Newsletter

August 2021

CIT | Updates

Thank you to our new shadowing site partner-Lighthouse Youth Services! We are delighted to have you as a Crisis Intervention Team partner!

Do you have a success story of how CIT has worked in your agency??
Do you have an officer who shows outstanding CIT work in the community??
Please let us know- we would love to provide recognition and a thank you!

There is still space available for the August 40-hour Crisis Intervention Team training. Register now!

NEW COURSES ADDED! CIT is sponsoring two brand-new courses- First Responder Wellness and Non-Escalation as De-Escalation. See below for more information.

CIT | Crisis Intervention Team Training (40-Hr)

Dates:	Time:	Location:
August 23-27, 2021	8:30 AM -	Great Oaks Career Campus
October 4-8, 2021	4:30 PM	Sharonville, OH
December 6-10, 2021		
January 24-28, 2022		
March 21-25, 2022		March 2022 CIT will be located at Cincinnati State
May 9-13, 2022		Technical & Community College

For course description and to register, please visit <https://www.mhankyswoh.org/CIT>.



CIT | Non-Escalation as De-Escalation (8-Hr)

Dates:	Time:	Location:
September 28, 2021 <u>or</u> September 29, 2021	8:00 AM - 4:00 PM	Xavier University - Cintas Center 1624 Musketeeer Dr. Cincinnati, OH 45207

Course information:

Learn about non-escalation, de-escalation, crisis intervention, and proxemics methodologies that address how to:

- Provide better customer service
- Predict, prevent and mitigate conflict
- Avert verbal and physical attacks
- De-escalate resistance, anger, and abuse
- Control crisis and aggression
- Write up, review, and explain intervention decisions

This course uses emotionally safe performance-driven instruction that emphasizes scenario-based skills practice and audio-/video-recorded assessments to ensure students can perform learned skills — in a supportive classroom environment.

***This is the same class presented two days in a row. Please only register for and attend one day.

To register, please visit <https://www.mhankyswoh.org/CIT>.



CIT | First Responder Wellness (8-Hr)

Dates:	Time:	Location:
September 20, 2021	8:30 AM - 4:30 PM	Nathaniel Greene Lodge 6394 Wesselman Rd, Cincinnati, OH 45248

Course information:

First Responders- law enforcement, fire, EMS and emergency communications- perform the vital task of maintaining the safety of our communities. Agencies and community partners have the both the privilege and responsibility of ensuring that the mental and physical wellness of first responders is identified as a priority. Mental Health America of Northern Kentucky and Southwest Ohio has partnered with local first responder agencies for a day of exploring First Responder Wellness.

Included in the course will be a panel discussion *Making Wellness a Priority in Your Department* that will include Hamilton County agencies that have worked to remove stigma and focus on the wellness and resilience of their departments. At lunch we will host a provider fair of professional and peer support resources who provide specialized services for First Responders. Other topics

covered include how the brain reacts to the unique challenges of being a First Responder, maintaining a healthy lifestyle and practicing self-care.

Lunch will be provided!

For course description and to register, please visit <https://www.mhankyswoh.org/CIT>.

CIT | Refresher (8-Hr)

Dates:	Time:	Location:
November 8, 2021	8:30 AM - 4:30 PM	Great Oaks Career Campus Sharonville, OH

Pre-requisite:

Prior completion of 40 hour CIT training and at least one year experience as a CIT officer.

For course description and to register, please visit <https://www.mhankyswoh.org/CIT>.

CIT | CIT for Emergency Communications (16-Hr)

Dates:	Time:	Location:
TBA- check our website for updates	8:30 AM - 4:30 PM	Emergency Communications Center 2000 Radcliff Dr. Cincinnati, OH 45204

For course description and to register, please visit <https://www.mhankyswoh.org/CIT>.

CIT | Mental Health First Aid (8-Hr)

Dates:	Time:	Location:
October 27, 2021	9:00 AM - 4:00 PM	TBA

For course description and to register, please visit <https://www.mhankyswoh.org/CIT>.

CIT | Additional Training Opportunities

Online Training Opportunity – QPR for Law Enforcement

The Question, Persuade, Refer (QPR) Institute provides an online QPR for Law Enforcement training. This certificate training is designed to provide the skills and techniques needed in suicide prevention for those working in law enforcement. The CJ CCoE has pre-purchased training slots for sworn law enforcement officers to complete the online QPR for Law Enforcement training. This training takes about 3 hours to complete; however, individuals can stop and start the training as the training platform bookmarks progress. Availability is limited; therefore, please register as soon as possible.

Please instruct law enforcement officers to register for the training by visiting

https://neomed.sjc1.qualtrics.com/jfe/form/SV_2t6JmOfkzl3qddc

Upon registration, officers will be provided a code to access a CJ CCoE training slot. We ask that law enforcement officers complete the training as soon as possible.

To learn more about QPR for Law Enforcement training, please visit

https://courses.qprinstitute.com/index.php?option=com_zoo&task=item&item_id=12&Itemid=739.

2021 CIT International Conference – August 16-18, 2021 Phoenix, Arizona

This year's theme for the CIT International Conference is: Turning Up the Heat with CIT, Transforming Crisis Response Teams.

For more information please visit: <https://www.citinternational.org/events>

CIT | Contact Us

Remember, all CIT related courses are FREE for Hamilton County First Responders!

Registration for all CIT trainings can be found at: <https://www.mhankyswoh.org/CIT>

As always, if you have any questions regarding CIT, trainings or need assistance with registration, please reach out to your MHA CIT team

Amanda Shaw

Program Director

ashaw@mhankyswoh.org