CIT (Crisis Intervention Team)

Hamilton County CIT Newsletter April 2021

CIT | Updates

Welcome, Amanda Shaw! Amanda has joined MHA as the Program Director of Mental Health and Criminal Justice. Amanda will be the main point of contact for all things CIT and First Responder related! You can reach Amanda at ashaw@mhankyswoh.org.

MHA is adding CIT Training for Dispatch. See below for more information.

The dates for August CIT have changed; new dates are *August 23-27, 2021.*

CIT | Crisis Intervention Team Training (40-Hr)

Dates:
May 10-14, 2021
August 23-27, 2021
October 4-8, 2021
December 6-10, 2021

Time:
8:30 AM - 4:30 PM

Where:
Great Oaks Career Campus
303 Scarlett Oaks Dr.
Sharonville, OH

Course information:
Crisis Intervention Team Training is 40-hours of comprehensive training to increase skills in relating to individuals with mental illness. Training emphasizes behavioral health-related topics, access to community-based services, de-escalation tactics, and crisis resolution skills. Training format consists of didactics/lectures, on-site visitation and exposure to several behavioral health facilities, intensive interaction with individuals with mental illness and substance use disorders, and scenario-based de-escalation training. Experience has shown this is a minimum level of training hours. Materials covered are complex. Far beyond simple cognitive retention of the material, the desired learning outcome for this training is the adoption and retention of behavioral changes.

De-Escalation | Advanced CIT Training (8-Hr)

Dates:
May 25, 2021

Time:
8:30 AM - 4:00 PM

Where:
Great Oaks Career Campus
303 Scarlett Oaks Dr.
Sharonville, OH

Course information:
This course is intended for Law Enforcement Officers/Personnel to learn how to effectively de-escalate a person who is having a psychological or behavioral crisis in order to reduce harm to oneself and the community. Learn de-escalation skills by identifying who you are and understanding how your own internal triggers affect communication with others. The goal is to help officers build crucial skills to improve police-community relations through better verbal and non-verbal communication while enhancing safety for all participants. Identify and understand socio-emotional development, in order to understand foundational behaviors, improve emotional intelligence, and enhance professionalism in order to effectively utilize constructive, solution-based approaches, so everyone goes home.

CIT | Refresher/Advanced De-Escalation (8-Hr)

Dates:
May 4, 2021
May 21, 2021
June 7, 2021

Time:
8:30 AM - 4:30 PM

Where:
Great Oaks Career Campus |
303 Scarlett Oaks Dr.
Sharonville, OH

Prerequisite:
Prior completion of 40 hour CIT training and at least one year experience as a CIT officer.

Course information:
This course is designed for CIT trained officers who would like updated information about CIT related topics in Hamilton County. Training will include: review updated CIT information including the latest regarding Hamilton County Mobile Crisis response, how to effectively co-respond, and ways to decrease response on repeat runs. Newer content being provided through the CIT 40 hour training will be reviewed, including de-escalation techniques/tactics. A roundtable discussion will occur where trainees will discuss and problem solve ongoing needs for CIT and CIT related issues. Identify techniques to improve officer wellness, safety and self-care. During the afternoon, trainees will actively participate in a simulation exercise in order to afford opportunity to practice de-escalation skills.

CIT | CIT for Dispatch Training (8-Hr)

Dates:
June 14, 2021
June 23, 2021

Time:
8:30 AM - 4:30 PM

Where:
Great Oaks Career Campus | Public Safety Building
303 Scarlett Oaks Dr.
Sharonville, OH

Prerequisite:
Prior completion of 8 hour Mental Health First Aid training

Course information:
Emergency dispatchers are a critical link in the CIT program. This training will provide an overview of the history of CIT and use of CIT in Hamilton County, provide skills building in recognizing a mental health crisis and the appropriate questions to ask and relay to the responding CIT officer.

CIT | Mental Health First Aid (8-Hr)

Dates:
May 3, 2021
May 6, 2021
May 17, 2021
May 27, 2021
June 16, 2021
June 22, 2021

Time:
09:00 AM - 4:00 PM

Where:
Great Oaks Career Campus | Public Safety Building
303 Scarlett Oaks Dr.
Sharonville, OH

First Responders have the difficult task of keeping our communities safe while maintaining their own safety. Responding to a mental health crisis requires effective communication, as well as knowledge of verbal de-escalation techniques and insight about community resources. Mental Health America is presenting Mental Health First Aid as an introduction to mental health awareness and responding to a mental health crisis. Mental Health First Aid is a course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses.

CIT | Additional Training Opportunities

Criminal Justice Coordinating Center of Excellence (CJ CCoE) has heard about the need for online training for law enforcement, especially additional training on suicide prevention and intervention. Thanks to the Ohio CIT Support and Expansion Project and Ohio Department of Mental Health and Addiction Services, officers are now able to attend Question, Persuade, Refer (QPR) training for Law enforcement. This training is FREE, fully online, and self-paced; the training takes about 3 hours to complete and individuals can stop and start the training as the training platform bookmarks progress.

This training can be used as a refresher or advanced training for CIT officers or as basic training for non CIT officers, consistent with the One Mind Campaign which encourages adequate mental health training for all law enforcement officers.

There are only 200 spots available, so please register today!

https://neomed.sjc1.qualtrics.com/jfe/form/SV_2t6JmOfkzI3qddc

CIT | Contact Us

Registration for all CIT trainings can be found at: https://www.mhankyswoh.org/CIT

As always, if you have any questions regarding CIT, trainings or need assistance with registration, please reach out to your MHA CIT team.

Amanda Shaw
Program Director
ashaw@mhankyswoh.org

Jessica Ball
Program Coordinator
jball@mhankyswoh.org