

Mental Health America of NKY & SWOH



Educate, Advocate and Serve

Volunteer Opportunities

All positions have flexible part-time volunteer hours with further specific hours, day of week schedules relevant to the position. Opportunities are available in Northern Kentucky and Southwest Ohio. Your skills and talents are needed! If you've got a passion to volunteer in mental health and substance use area, we'll get you involved.

Area Regional Mental Health First Aid - If you are interested in becoming a trainer or if you would like to host a training in your community, please contact the Program Director, Lucy Gillespie, lgillespie@mhankyswoh.org.

AA/NA Speakers for Prime for Life® – A guest speaker is needed every three (3) weeks for an hour to present on the topic “finding support in community” for the Prime for Life® class.
(912 Scott Street, Covington)

Administrative – Various assignments are available to people that want a consistent weekly schedule between 9:30 a.m. and 4:30 p.m.: updating the resource directory every 90 days and getting email contact information and enter data for our website. Each Fall provide support with the annual report and annual fundraiser and event planning. Organize filing, Initial research (e-newsletter articles) themed. Updating logos, addresses for the PDFs online.
(912 Scott Street)

Board of Directors Membership & Committees – Opportunities exist for members of the board as well as function on committees such as development, fundraising, education and awareness, short and long-term planning, finance, legal, and healthcare.

Cable Show/YouTube Video Production/Coordination – Team Members needed to help produce, every third Tuesday of the month, the Guide To Feeling Better monthly YouTube video that also airs on regional public access cable stations. Training provided to run the teleprompter, cameras, set up, production and editing.
(912 Scott Street & production at Campbell County Media Central, Highland Heights)

Christmas Day Dinner – We use volunteers for meeting & greeting guests and seating them for dinner, serving dessert and drinks, assisting Santa, handing out gifts, and other fun jobs.
(Northern Kentucky Convention Center)

COMPEER - Compeer helps people with mental illness get connected to their communities and build positive support systems. As a volunteer, you will meet with your friend a minimum of four hours a month to share activities you enjoy such as movies, sports, shopping, coffee and a chat.
(Clinton & Warren Counties)

Crisis Intervention Training (CIT) – There are two (2) trainings a year: Spring & Fall. Volunteer support is needed to complete research to maintain a current training curriculum. Volunteer will assist with the material revisions. Assistance with logistics is needed on Friday/Monday of class to prepare for class/participants. Volunteer is responsible for assembling class training materials into binders.
(2400 Reading Road, Cincinnati location)

Database – Volunteer assistance with calling to check- on client's status. Follow-up on their goals, current status, satisfaction surveys. Volunteer to Follow-up with no-show for 1st appointment (w/peer) after initial referral.
(912 Scott Street, Covington)

Facilitators for Support Groups – There is an ongoing need for support group facilitators. Volunteer to contact cooperate offices/churches by approaching Wellness HR person> promoting wellness while achieving membership in support groups as needed.
(912 Scott Street, Covington)

Mental Health First Aid - If you are interested in becoming a trainer or if you would like to host a training in your community, please contact the Program Director, Lucy Gillespie, lgillespie@mhankyswoh.org.

Outreach –Individuals to distribute referral pads to community practices and organizations as well as develop connections with libraries in distribution of materials.
(912 Scott Street, Covington)

Peer Support, People in recovery from mental and substance use disorders helping support others in their recovery by helping facilitate activities and skill building classes.

The P.I.E.R., Personal Involvement in Recovery – Volunteer assistance to facilitate activities and skill building classes. Other opportunities include professional front desk reception face-to-face, phone-to-phone information, referral and general guidance.
(1002 Monmouth Street, Newport)

Pro-bono Professional Counselors – Free, short term family, individual, and couples counseling services for: depression or anxiety, grieving the loss of a loved one, a troubled relationship, a witness of crime, a family member needing support, overwhelmed by a diagnosis of mental illness, struggling with kids acting out, facing problems at work or job loss. PBC links clients with therapists for 6-12 visits. Our therapists are located throughout the community, close to where you live or work. KY & OH [Interns welcome](#). PC working on PCC or those seeking a Masters in Counseling or Clinical Mental Health.
(2400 Reading Road, Cincinnati location for program)

Pro-bono, Mental Health First Aid and Crisis Intervention Training Front Desk Reception – office clerical assignments, mailings, data entry, copying, and reception – welcoming and acclimating visitors, volunteers and clients to the environment.
(2400 Reading Road, Cincinnati location)

Presentations – Volunteers are needed to educate the community about wellness topics, life skills and the signs, symptoms, causes, and treatments of mental disorders. Individual(s) are needed to complete outreach to private & public organizations within the community.
(912 Scott Street, Covington)

Payee Representative Support – Volunteer needed for weekly filing of payee documents and to write weekly spending checks. Volunteer assistance is needed to purge files.
(912 Scott Street, Covington)

Supported Employment – Assistance is needed to work directly with the client in completing multiple session(s) of employment analysis and complete in-depth reports on job readiness for State of Kentucky Office of Vocational Rehabilitation (OVR).
(912 Scott Street, Covington)