

The PIER Recovery Center  
 Personal Involvement Empowering Recovery  
 1002 Monmouth St, Newport, KY 41071  
 (859) 547-6539



[www.MHAnkyswoh.org/PIER](http://www.MHAnkyswoh.org/PIER)

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday        |
|--|---|---|--|---------------|
| Hours: 2:00-5:00   | Hours: 2:00-5:00  | Hours: 2:00-5:00  | Hours: 2:00-5:00   | Hours: CLOSED |
| Parenting Skills<br><b>2:10-3:00</b><br><br>Effective Problem-Solving<br>& Communication Skills<br><b>3:10-4:00</b><br><br>DTR -- 12 Step<br>Supporting Recovery<br>Substance Use<br>and Mental Disorders<br><b>4:10 - 5:00</b><br><br>Free HIV Testing<br><b>4th Monday</b><br><b>3:00 - 5:00</b> | Domestic Violence<br><b>2:10-3:00</b><br><br>Recovery 101<br><b>3:10 - 4:00</b><br><br>AA<br><b>4:10 - 5:00</b> | Grief Support<br><b>2:10-3:00</b><br><br>Music<br><b>3:10 - 4:00</b><br><br>Creative Crafts<br><b>4:10 - 5:00</b> | Anger Management<br><b>2:10-3:00</b><br><br>Working Toward Wellness<br>& Manage Your Triggers<br><b>3:10 - 4:00</b><br><br>Employment Help<br><b>4:10 - 5:00</b> |               |

Schedule is subject to change, **PLEASE** call ahead to make sure class is still in session! (859) 547-6539  
 Classes are all taught by Kentucky Certified Peer Support Specialist.