

P.I.E.R. Recovery Community Center

- *P.I.E.R. provides structured, educational small-group classes and support groups in a therapeutic environment.*
- *P.I.E.R. puts participants on a path of positive self-awareness, growth and recovery, by utilizing best practices.*
- *P.I.E.R. participants engage in conversations and activities during recovery program hours in order to educate themselves on how to respond to challenges within their lives.*
- *P.I.E.R. provides a place for the pursuit of a healthy, holistic life style by providing a matrix of new relationships based on self-understanding, mutual acceptance and self-esteem.*
- *P.I.E.R. partners with community agencies and organizations to help pave the way for participants to access the resources they need.*

Mission Statement

P.I.E.R. Recovery Community Center offers peer-supported, educational, holistic recovery opportunities to all participants affected by mental illnesses and substance use disorders.

P.I.E.R. fosters enhancement of participant's skills and strengths, and seeks to engage participants by providing empathy and expanding wellness.



Vision Statement

P.I.E.R. Recovery Community Center, staffed by KY Certified Peer Support Specialists, envisions a healthy community in which participants who have experienced social, physical, emotional, educational, employment or housing related barriers as the result of mental illness or substance use disorder, are able to achieve their full potential and overcome them.

*P.I.E.R. Recovery Community Center
1002 Monmouth Street, Newport, KY 41071-2117
(859) 547-6539 www.mhankyswoh.org/pier*

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
2:00pm-5:00pm	11:00am-4:30pm	11:00am-4:30pm	11:00am-4:30pm	11:00am-4:30pm
	<u>11:30am-12:20pm</u>	<u>11:30am-12:20pm</u>	<u>11:30am-12:20pm</u>	<u>11:30am-12:20pm</u>
	NAMI Connections Trauma Survivors: Strategies to Thrive for Men <i>Martin W., KCPSS</i>	Women's Empowerment/ Trauma Survivors: Strategies to Thrive for Women <i>Cyndy R., KCPSS Roberta W., KCPSS</i>	NAMI Connections	Stinkin' Thinkin' <i>DeAnn B., KCPSS</i>
	<u>12:30pm-1:20pm</u>	<u>12:30pm-1:20pm</u>	<u>12:30pm-1:20pm</u>	<u>12:30pm-1:20pm</u>
	Attacking Anxiety <i>Doug W., KCPSS</i>	Grief Support <i>Adrienne G., KCPSS</i>	Double Trouble in Recovery <i>Carol S. / DeAnn W., KCPSS</i>	Working Towards Wellness <i>DeAnn B., KCPSS</i>
	<u>1:30pm-2:20pm</u>	<u>1:30pm-2:20pm</u>	<u>1:30pm-2:20pm</u>	<u>1:30pm-2:20pm</u>
	Stress Management <i>DeAnn B., KCPSS</i>	Women's Recovery <i>Adrienne G., KCPSS</i>	Narcotics Anonymous <i>Doug W., KCPSS</i>	Effective Problem Solving/ Communications Skills <i>Scott O., KCPSS, Thomas Cox</i>
<u>2:30-3:20pm</u>	<u>2:30pm-3:20pm</u>	<u>2:30pm-3:20pm</u>	<u>2:30pm-3:20pm</u>	<u>2:30pm-3:20pm</u>
Parenting <i>Pennie T., KCPSS</i>	Anger Management <i>Carol S., KCPSS</i>	LGBTQ+ in Recovery by GLAST! <i>Martin W., KCPSS</i>	Alcoholics Anonymous <i>Kiah W., KCPSS</i>	Re-Entry <i>Cristin G. KCPSS</i>
<u>3:30-4:20pm</u>	<u>3:30pm-4:20pm</u>	<u>3:30pm-4:20pm</u>	<u>3:30pm-4:20pm</u>	<u>3:30pm-4:20pm</u>
Domestic Violence <i>Pennie T., KCPSS</i>	Relapse Prevention <i>Kiah W., KCPSS</i>	Budgeting/ Time Management <i>Chip D. / Kiah W., KCPSS</i>	AI- Anon <i>Chip D., KCPSS</i>	Seeking Safety <i>Cristin G., KCPSS</i>
PARTNER SERVICES AVAILABLE				
3-5pm 4 th Monday of the month NKY Health Dept. HIV Testing		10:45am -12pm 3 rd Wednesday of the month Kentucky Certified Peer Support Specialists Connections Meeting	11-2pm John Riesenber Mental Health America Supported Employment	1:30-2:30pm 1 st and 3 rd Friday of the month Welcome House Housing Resource Education
	MHA ProBono Counseling 11-2pm		MHA ProBono Counseling 11-2pm	
	NorthKey- Behavioral Health Intakes 11-2pm	NorthKey- Behavioral Health Intakes 11-2pm		